



# LAURA VANDERVOORT

Canadian beauty Laura Vandervoort is a young actress who is known for her ability to perform as a variety of characters on-screen. You may know her as Kara from *Smallville*, Sadie from *Instant Star*, or Lisa from *V*, but she has also starred alongside other renowned actors in films such as *The Lookout* with Jeff Daniels, *Joseph Gordon-Levitt*, *Matthew Goode*, and *Isla Fisher*. While certainly being talented in front of the camera, don't take her for your average young starlet. During her time spent growing up in Ontario, Laura was a very sport-savvy chick. From soccer, basketball, baseball and tennis to gymnastics and karate, if there was a sport to be played, she played it and by the time she was just sixteen years old, Laura had already earned a second-degree black belt. On top of her multitude of talents, she also has a caring soul, which she shows through philanthropic work such as posing for one of PETA's national campaigns for "Exotic Skins." When she's not working on television shows and films, Laura likes to spend her time working out, writing, taking photos, cooking, reading, and antique shopping. If you are looking to see more of Laura, watch out for her comedy called "Ted," also starring Mark Wahlberg and Mila Kunis.

